

KIDS THESE DAYS

by Jody Carrington PHD



[Kids These Days- Amazon Link](#)

261 pages / 4 hours

This book is for:

Teachers

Bus Drivers

Administrators

Educational Assistants

Librarians

Administrative Assistants

Custodians

Cafeteria Workers

And anyone who leads, loves, and supports students

Chapters:

1. **(Re) Connecting Back to the Beginning :** Power of relationships and an intro to emotional regulation
2. **Taming the Crazy by Getting Crazy:** Lid flipping, circle of security, quiet vs. calm
3. **How I See Them:** Caillou Kids, Flat Stanleys, words matter, critical note about repair, the bottom line
4. **Trauma Complicates It All:** Trauma informed, ACEs (adverse childhood experiences), Taking down the armor, The bottom line
5. **Grief:** What do we know about grief? Grief vs. Mourning, Ceremony, Our First Response, Grief in the Classroom
6. **The Answer:** Getting Hearts and Taking Names: We are wired to do hard things, Connection before Direction, Time-outs, Five keys to Connecting, Your Power with Parents, One More Little Thing
7. **The Carrington Connections Network for Educators:** Great leaders excavate the unsaid, Getting culture right, Good enough isn't good enough anymore, It starts at the Top, The Feedback Loop, Relationship Knows No Hierarchy, Leadership in These Times of Disconnect
8. **The Kids are the Least of our Worries:** What Happens If you're Not Ok? Compassion Fatigue, The Six Practices to Keep you Lit the Whole School Year, Bringing It All Home

Game Plan Highlight Reels

"Kids are not attention-seeking, they are connection-seeking."